

# DANCE ESSENCE

## Early Years Training Program

<u>Preschool dance</u>	- Girls <ul style="list-style-type: none"> <li>• Dance suit of choice</li> <li>• Pale pink tights</li> <li>• Pink ballet slippers</li> <li>• Hair in a ponytail or ballet bun</li> </ul>	- Boys <ul style="list-style-type: none"> <li>• Dance suit of choice</li> <li>• Black ballet slippers</li> </ul>
<u>Dance Readiness</u>	- Girls <ul style="list-style-type: none"> <li>• Pale pink capped sleeve cotton bodysuit Mondor style #40035</li> <li>• NO SKIRT</li> <li>• Pale pink convertible tights Mondor style #319</li> <li>• Pink ballet slippers</li> <li>• Hair in a ponytail or ballet bun</li> </ul>	- Boys <ul style="list-style-type: none"> <li>• White t-shirt</li> <li>• Black dance shorts</li> <li>• White socks</li> <li>• Black ballet slippers</li> </ul>

## Ballet

\*Please save ALL ballet waist bands that come with bodysuits. These are required for for ballet exams.

<u>Pre-Primary &amp; Primary Ballet</u>	- Girls <ul style="list-style-type: none"> <li>• Lilac capped sleeve cotton bodysuit Mondor style #1635</li> <li>• Matching wrap skirt Mondor style # 16100 SIZE MEDIUM OR LARGE</li> <li>• Pale pink convertible tights style #319</li> <li>• Pink ballet slippers</li> <li>• Hair in a ballet bun</li> </ul>	- Boys <ul style="list-style-type: none"> <li>• White t-shirt or bodysuit</li> <li>• Black dance shorts or tights</li> <li>• White socks</li> <li>• Black ballet slippers</li> </ul>
<u>Grade 1 - 2</u>	- Girls <ul style="list-style-type: none"> <li>• Paradise colour tank style cotton bodysuit (Mondor style #03545 - NO PINCH)</li> <li>• Pale pink convertible tights style #319</li> <li>• Leather Bloch full sole ballet slippers</li> <li>• Character shoes – LOW HEEL</li> <li>• Hair in a ballet bun</li> </ul>	- Boys <ul style="list-style-type: none"> <li>• White t-shirt or bodysuit</li> <li>• Black dance shorts or tights</li> <li>• White socks</li> <li>• Leather black ballet slippers</li> <li>• Character shoes – LOW HEEL</li> </ul>
<u>Grade 3 - 5</u>	- Girls <ul style="list-style-type: none"> <li>• Renaissance spaghetti strap bodysuit (Mondor style #13520)</li> <li>• Pale pink convertible tights style #319</li> <li>• Leather Bloch full sole ballet slippers</li> <li>• Character shoes – HIGH HEEL</li> <li>• Hair in a ballet bun</li> </ul>	- Boys <ul style="list-style-type: none"> <li>• White t-shirt or bodysuit</li> <li>• Black dance shorts or tights</li> <li>• White socks</li> <li>• Leather black ballet slippers</li> <li>• Character shoes – LOW HEEL</li> </ul>
<u>Grade 6 - 8</u>	-Girls <ul style="list-style-type: none"> <li>• Black mondor RAD approved bodysuit</li> <li>• Pale pink convertible tights style #319</li> <li>• Leather Bloch full sole ballet slippers</li> <li>• Character shoes - HIGH HEEL</li> <li>• Hair in a ballet bun</li> </ul>	-Boys <ul style="list-style-type: none"> <li>• White t-shirt</li> <li>• Black dance shorts or tights</li> <li>• White socks</li> <li>• Leather black ballet slippers</li> <li>• Character shoes - LOW HEEL</li> </ul>

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<u>Intermediate Foundation</u>	-Girls <ul style="list-style-type: none"> <li>• Black monodor RAD approved bodysuit</li> <li>• Pale pink convertible tights style #319</li> <li>• Leather Bloch full sole ballet slippers</li> <li>• Pointe Shoes</li> <li>• Hair in a ballet bun</li> </ul>	-Boys <ul style="list-style-type: none"> <li>• White t-shirt</li> <li>• Black dance shorts or tights</li> <li>• White socks</li> <li>• Leather black ballet slippers</li> </ul>
<u>Intermediate-Advanced 2</u>	-Girls <ul style="list-style-type: none"> <li>• Black monodor RAD approved bodysuit</li> <li>• Pale pink convertible tights style #319</li> <li>• Soft Bloch Ballet Shoes</li> <li>• Pointe Shoes</li> <li>• Hair in a ballet bun</li> </ul>	-Boys <ul style="list-style-type: none"> <li>• White t-shirt</li> <li>• Black dance shorts or tights</li> <li>• White socks</li> <li>• Leather black ballet slippers</li> </ul>
<b>Tap</b>		
<u>All Classes</u>	- Girls <ul style="list-style-type: none"> <li>• Black bodysuit/Tight fit black top</li> <li>• Black dance shorts</li> <li>• Black full sole tap shoes NOT SHINY</li> <li>• Hair in a ponytail or ballet bun</li> </ul>	- Boys <ul style="list-style-type: none"> <li>• Black t-shirt</li> <li>• Black dance shorts</li> <li>• Black full sole tap shoes</li> </ul>
<b>Jazz, Lyrical &amp; Musical Theatre</b>		
<u>Jazz &amp; Musical Theatre 1, 2</u>	- Girls <ul style="list-style-type: none"> <li>• Black bodysuit/Tight fit black top</li> <li>• Black dance shorts</li> <li>• Black jazz shoe – NO LACES</li> <li>• Hair in a ponytail or ballet bun</li> </ul>	- Boys <ul style="list-style-type: none"> <li>• Black t-shirt</li> <li>• Black dance pants</li> <li>• Black jazz shoes – NO LACES</li> </ul>
<u>Jazz 3/Lyrical/Musical Theatre 3</u>	- Girls <ul style="list-style-type: none"> <li>• Tight fit black top</li> <li>• Black dance shorts</li> <li>• Leo Foot Paws</li> <li>• Hair in a ponytail or ballet bun</li> </ul>	- Boys <ul style="list-style-type: none"> <li>• Black t-shirt</li> <li>• Black dance pants</li> <li>• Leo Foot Paws</li> </ul>
<b>Acro</b>		
<u>All Classes</u>	- Girls <ul style="list-style-type: none"> <li>• Black bodysuit/Tight fit black top</li> <li>• Black dance shorts</li> <li>• NO FOOTWEAR</li> <li>• Hair in a ponytail or ballet bun</li> </ul>	- Boys <ul style="list-style-type: none"> <li>• Black t-shirt</li> <li>• Black dance shorts</li> <li>• NO FOOTWEAR</li> </ul>
<b>Hip Hop &amp; Break Dance</b>		
<u>All Classes</u>	- Girls & boys <ul style="list-style-type: none"> <li>• Dancewear of choice</li> <li>• NO JEANS</li> <li>• Indoor running shoes</li> </ul>	