

DANCE ESSENCE

Acro	
Acro 1	Tuesday 5:00-5:30
Acro 3	Thursday 5:45-6:30
Acro 4	Thursday 7:15-8:00
Tumbling	Tuesday 8:00-8:45
Hip Hop	
Hip Hop 1	Tuesday 6:00-6:45
Hip Hop 3	Thursday 5:00-5:45
Boys Hip Hop	Tuesday 5:30-6:00
Musical Theatre	
Musical Theatre 1	Tuesday 6:45-7:30
Musical Theatre 3	Thursday 6:30-7:15
Jazz	
Jazz 1	Tuesday 6:15-6:45
Jazz 2	Tuesday 6:45-7:30
Jazz 3	Thursday 5:00-5:45
Tap	
Tap 1	Tuesday 7:30-8:00
Tap 3	Thursday 5:45-6:30
Lyrical	
Lyrical Tech	Thursday 6:30-7:15
Body Conditioning	Thursday 7:15-7:45
Ballet	
Preschool	Tuesday 5:00-5:30 OR Saturday 9:15-9:45am
Dance Readiness	Tuesday 5:30-6:15 OR Saturday 9:15-10:00am
Pre-Primary	Saturday 10:30-11:15am
Primary	Saturday 10:30-11:15am
Grade 1	Wednesday 5:45-6:30 Saturday 9:45-10:30
Grade 2	Wednesday 6:30-7:15 Saturday 9:45-10:30
Grade 3	Wednesday 7:15-8:00 Saturday 12:00-12:45
Grade 4	Wednesday 8:00-9:45 Friday 6:15-7:00
Grade 6	Wednesday 4:30-5:15 Saturday 1:45-2:30
Intermediate Foundation	Wednesday 5:45-6:30 Friday 5:15-6:00
Intermediate	Wednesday 4:30-5:15 Friday 4:30-5:15
Advanced 1	Wednesday 4:15-5:00 Friday 4:30-5:15
Advanced 2	Wednesday 3:30-4:15 Friday 3:15-4:00
Intermediate Foundation Pointe	Friday 4:00-4:30
Advanced Pointe	Friday 4:00-4:30