

February



Important Dates

February 7th - Company Picture Day: This picture day is only for our company dancers. Our studio picture day that all dancers will attend is May 8th!

February 14th - Happy Valentine's Day!

February 19th - Family Day: We will be closed for Family Day. Enjoy spending some quality time with your family and friends!

February 26th - Ballet Exams for all dancers who are participating
March 3rd – Performance Company Showcase

Showcase

Showcase tickets are **now for sale** for \$20 each in the office. The show is on **March 3rd** and you won't want to miss it! Come out to support our Company dancers at Forrest City Community Church while they showcase all of their hard work. See you there!

March Break Workshop

This March Break we are offering a studio workshop, **Dance and Fit Day**, on Tuesday March 13th from 9:00 am – 4:00 pm! This workshop is for all ages and will feature various dance styles including ballet, jazz, and more. Multiple guest teachers are joining Dance and Fit Day including **Amy from @aim4wellness** who will run a fitness class.

Performance Company Facebook Fundraising Auction

The Performance Company Fundraising Committee is asking for donations (minimum \$25) to the auction. Auction item ideas are (but not limited to) gift cards, jewelry, sports tickets, clothing, gift baskets, etc. All items must be brought to the dance studio between **February 1 and 22**. Please clearly label your items with your name and leave them to the attention of ABBY HENRY. More details to follow!

Daytime at Dance Essence

Join us Wednesday mornings from 10:45 – 11:15 am for our **Mom Fit** class!

This program runs until March 7th and is a movement and fitness based class that will get your blood flowing! All women are welcome, with or without your kids! In this class you can choose to wear your baby in a carrier or leave your baby with one of our qualified staff members for tummy time and sensory play!

Don't forget that if you have a dancer already enrolled at Dance Essence, you will receive a **\$15.00** discount off the Mom Fit Program!

